

Food Inventory Preferences

Check off any food preferences your child has and/or food that your child would easily accept to eat.

Texture Preferences					
crunchy	crisp	smooth	lumpy	hard	chewy
uniform lumpy (cottage cheese texture)			chewy	mixed consistencies	

Tase Preferences					
salty	sweet	spicy	tart	flavored	bland

Temperature Preferences			
hot	warm	cool	cold

Overall Description of Appetite			
poor	fair	good	varies from day to day

Starches/Carbohydrates					
dry cereal	crackers	chips	pretzels	cheese puffs	popcorn
taco shells (hard)	flour tortillas	rolls	pizza crusts	noodles	rice
hamburger or hotdog buns		toast	breadsticks		
bread - white, wheat, rye, potato, rice, gluten free, pumpernickel					
garlic breadsticks	hot rolls, baked bread, crescent rolls, croissants				
biscuits doughnuts, sweet rolls, cinnamon rolls, caramel rolls					
banana bread, pumpkin bread, apple bread, muffins				cornbread	

French toast	cupcakes	pies	cheesecake	cookies
cream of wheat	PopTarts	pancakes	oatmeal	waffles

Potato Products:

french fries tater tots tater rounds hash browns fried potatoes
 baked potatoes potato chips potato wedges shoestring potato sticks
 mashed potatoes scalloped/au gratin potatoes baked sweet potatoes
 sweet potato chips sweet potato fries vegetable chips

List specific brands if your child will eat one kind of a specific food: _____

List any items your child prefers that are not listed above: _____

Protein						
<input type="checkbox"/>	baked chicken	fried chicken	chicken strips	chicken nuggets		
<input type="checkbox"/>	turkey	poultry	fish (fried)	fish (baked/broiled)	salmon	tuna
<input type="checkbox"/>	bologna	sausage	bacon	chicken/ham salad	beans	baked beans
	meatballs	tuna salad	hot dogs	corn dogs	french fries	
	lil' smokies	sausages	eggs	tofu	edamame	peanut butter
	cashews	peanuts	walnuts	pecans	pistachios	
	beef (steak, roast)	roast	ribs	deer	hamburger	steak
	pork	baby food meats	ham	lunch meat (type)_____		

List specific brands if your child will eat one kind of a specific food: _____

List any items your child prefers that are not listed above: _____

Cheese/Dairy

cheddar american parmesan swiss monterey jack
colby mozzarella cottage cheese cream cheese sour cream
ice cream cool whip sherbert yogurt (type) _____

List specific brands if your child will eat one kind of a specific food: _____

List any items your child prefers that are not listed above: _____

Vegetables

green beans broccoli cauliflower corn squash cucumber
zucchini spinach carrots pepper (red/green) onion peas
bean (kidney/navy/pinto) asparagus lettuce brussels sprouts
avocado mushroom celery coleslaw

cabbage sweet potatoes tomatoes
List any items your child prefers that are not listed above: _____

Fruits
apple apricot banana blueberry cantaloupe cherry grapefruit grapes honeydew kiwi lemon plum lime strawberry tangerine applesauce mangoes raisin orange peaches pear papaya pineapple pumpkin watermelon rhubarb raspberry dried fruits (type) _____ canned fruits (type) _____
List specific brands if your child will eat one kind of a specific food: _____

List any items your child prefers that are not listed above: _____

Beverages
juice (circle all that apply): orange, cherry, grape, fruit punch, strawberry, strawberry kiwi, cranberry, white grape, other: _____ milkshakes milk flavored milk (type) _____ floats

soda (circle all that apply): cola, lemon lime, orange, grape, root beer, cream soda
tea (circle all that apply): sweetened, unsweetened drinkable yogurt
water lemonade caloric supplements (chocolate, vanilla, strawberry, banana)

List specific brands if your child will eat one kind of a specific beverage: _____

List any items your child prefers that are not listed above: _____

Condiments

ketchup mayonnaise mircale whip dijon/spicy mustard salsa
honey mustard BBQ sauce A1 steak sauce chili sauce gravy
worcestershire sauce butter/margarine chip dip ranch dressing

List specific brands if your child will eat one kind of a specific beverage: _____

List any items your child prefers that are not listed above: _____

Mixed Textures

macaroni & cheese pizza cheese or lunch meat sandwich tacos
peanut butter & jelly sandwich grilled cheese casseroles fruit & yogurt
cereal with milk omelette soup (type) _____
noodles with sauce (type) _____
hamburgers (toppings & condiments) _____

List specific brands if your child will eat one kind of a specific food: _____

List any items your child prefers that are not listed above: _____

Fast Foods

Document any fast foods your child likes/prefers:

Please list your child's *favorite* foods/beverages:

- 1.
- 2.
- 3.
- 4.
- 5.

Please list your child's *least favorite* foods/beverages:

- 1.
- 2.
- 3.
- 4.
- 5.

What goal foods would you like to see your child eat with the rest of the family?

- 1.
- 2.
- 3.
- 4.
- 5.

When is your child most successful with eating (time of day, location, or people)?

Additional comments:
